

Love your leftovers



Better use of leftovers is a great way to:

- reduce food waste
- make the most of tasty food
- enjoy a hassle-free meal

Smart ideas

- Leftover bolognese sauce is good for pasta bake or a pie filling.
- 2 Restore wilted celery and green vegetables like lettuce by soaking in iced water for a few minutes.
- 3
- Turn leftover vegetables into a frittata or add to fried rice.
- Create croutons or breadcrumbs from stale bread.



Smart actions



Follow Love Food Hate Waste NSW on Facebook and learn more tips on how to turn leftovers into new meals.



Try using ingredients you have at home if you don't have the ones listed in the recipe.



Save leftover meals for the next day's lunch or freeze them for later.

Congratulations! You have completed the Food Smart Program. Repeat your food waste review at Step 1 and celebrate your success.



Brought to you by the NSW Environment Protection Authority.

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