

Name ..... Date .....

## What is food waste and why does it happen?

After watching the video, record the types of food that the three families threw away.



Breads and grains	Fruit and vegetables	Dairy products
Meat and protein	Treats	Other

Record your two best POSITIVE ideas for preventing food waste that you wrote on your post-it notes.

1.

2.

Record two NEGATIVE actions below that lead to the production of food waste.

1.

2.