

Name Date



How can I prevent food waste and be a food boss?

What packaging materials and storage did you investigate?

Item	What food is it suitable for?	Why is it suitable?	Where would you store it?	What food is it not suitable for?	Why is it not suitable?	Other thoughts
Eg: Plastic wrap	Sandwich	Seals and protects it from air	Lunchbox or fridge	Mushrooms, bananas	Plastic makes this food sweat and moisture builds up.	Single use plastic is not good for our environment?

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Be a food boss!

How could you completely manage your food for a whole week (or manage your whole household's food) to avoid food waste? Write your action plan ideas here!



Planning	Cooking
Storage and transport	Clean up, recycling
Purchasing	Other tasks