

Name \_\_\_\_\_ Date \_\_\_\_\_



# How can I prevent food waste and be a boss of food waste issues?

Become a food waste boss at home. Record your food waste diary here!  
Comment on what you bought, prepared, cooked, recycled, and wasted!

Date	Food waste items	Quantities	Why was it purchased?	Why was it thrown away?	What can I do differently next time?